

Dear Parents and carers,

Not long now, the countdown to Christmas at Eastfield is very much in full swing! Only two weeks until the Christmas break and everyone is feeling the festive feelings throughout the school.

The Nursery and Reception teams are busily getting ready to perform their productions next week and I for one can't wait to see them!

I would also like to take this opportunity to thank all of our school community for their support during our Ofsted visit last week. Although we were expecting "the call", it is always an anxious time. The words of encouragement and contributions to Parent View really did keep us going. The official report is unlikely to be published before the Christmas break, but myself and the rest of the team at Eastfield look forward to sharing it with you when we can.

Online Safety – What Parents Need to Know About Age-Inappropriate Content

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may not be unsuitable for a slightly younger audience. When online, young people can chance upon inappropriate content in various way – from pop-up ads to TikTok videos.

Research tells us, as children become more active online, it's more likely that they'll see something inappropriate. This could include content such as violent videos, adult jokes or suggestive imagery. They can come across this content on social media, in video games, through streamed media and more. Moreover, accessing platforms or content unsuitable for their age can leave them open to this content.

As such, it's important for children to use platforms appropriate for their age as well as their maturity and development. Not every child aged 13+ is ready for social media, for instance.

In many cases, a child might not tell anyone about what they've seen. For example, 21% of children report seeing violent content online but only 14% of parents reported the same for their child.

While most films are clearly labelled, it's often trickier when it comes to the internet. Video games, such as Fortnite, Roblox or Minecraft are subject to Pan European Game Information (PEGI ratings). These are used to advise the type of content a video game has and age groups they're suitable for. [You can learn more about video game ratings here.](#)

However, it's important to consider the individual child; content ratings are a guideline unless specified in a platform's terms of use. Content appropriate for one 13-year-olds might not be appropriate for another 13-year-old. Some children will have different needs, maturity levels and critical thinking skills.

The best thing you can do is review the content they access to decide for yourself what is appropriate.

For further information, please see the following two links through the "Internet Matters" website:

- [How to deal with inappropriate content](#)
- [Prevent exposure to inappropriate content](#)

Eastfield Wishlist

We can't thank families enough who have already donated generously through our school [Amazon wishlist](#). As we have said before, there is absolutely no pressure or expectation from the school for people to donate through this way but if you feel that you are in a position to be able to do so, it really is hugely appreciated.

This term we have received the following donations:

- Chunky colour pens and pencils
- Writing pencils
- File holders
- Tea and Coffee
- Stickers
- Glue sticks
- Whiteboard pens
- Handwriting pens
- Pencil grips
- Beginner pencils



These are all incredibly helpful and means that it lessens the burden slightly on the overall school budget.

- Also, we have an open payment option on [school gateway](#) called 'ESA Donations' which enables parent/carers to send money directly to the ESA bank account at any point they may wish to do so. All donations would be used as part of our ongoing fundraising for much needed funds for our school, for a variety of projects to enhance our children's experience at school. The ESA works closely with staff to ensure that fundraising supports the school effectively.

Christmas Dance Workshops

On Thursday 12th and Friday 13th December (during the school day), Nursery, Reception, Year one and Year two will all have an opportunity to take part in a Dance Workshop led by Rachel, our Street Dance Coach.

These Pantomime Dance Workshops offer a festive celebration of movement and storytelling, as the children create the magic of panto and explore a traditional panto tale in your primary school through dance.

The children will work alongside Rachel to retell Cinderella and will be chock-full of storytelling, classic panto tricks and 'it's behind you' humour... Oh yes it is!

Here is when each class will be accessing these dance workshops:

Thursday 12th PM	1:15-1:45pm Squirrels	1:45-2:15pm Rabbits	2:15-3:00pm Owls
Friday 13th AM	9:00-9:30am Nursery	9:35-10:20am Hedgehogs	10:20-11:05am Otters
Friday 13th PM	1:15-1:45pm Nursery	1:50 – 2:40pm Raccoons	

Christmas Dinner

Christmas Dinner will take place on Weds 18th December. There is no need to book this dinner option in advance. Here is the menu for our Christmas dinner and a snapshot of what it will look like on the day.

Please note: Children with dairy allergies will be able to eat all aspects of the main Christmas dinner options and will be provided with the choice of dairy free ice cream or a dairy free Christmas biscuit for their pudding. All other allergies will be catered for also.



Roast Turkey
Pigs in blankets
Stuffing ball
Gravy
(Halal and Vegetarian options will be available)

Mashed potato, roast potatoes, carrots & peas

Christmas Ice-cream
Christmas biscuit
Rice crispy treat

Christmas party lunch

To coincide with our afternoon of Christmas parties, on Thursday 19th December, the school dinner option will be "Party food". Here is the menu of what will be offered to the children on this day.

There is no need to book this dinner option in advance. All children who have dietary requirements will also be catered for.

Cheese sandwiches
Ham sandwiches
Tuna Sandwiches

Pizza Fingers
Sausage Roll
(Halal and Vegetarian options will be available)

Crisps
Cucumber & Carrot sticks

Iced sponge
Christmas biscuits
Jelly
Fruit pots

Christmas parties



The children will be taking part in their class Christmas parties on the afternoon of Thursday 19th December and are welcome to come to school dressed for the occasion. We will not be asking parent/carers to make contributions to party food, as the children will have the option of a party food lunch on this day (please see above). We're all looking forward to a school wide afternoon of festive fun!

Education Inclusion Family Adviser Newsletter

Please [click here](#) for the latest Newsletter from our Early Intervention Family Adviser, Katie Smith. There are also still bookings available on 3 of their universal workshops supporting parents and carers with children's feelings of worry and anger as well as supporting families with sleep.

Christmas and the New Year can be so exciting but can also bring with it difficult emotions. Please see below some posters advertising support over the winter months.

- [Winter pressures](#)
- [Mental Health Support](#)

The Child and Family Centre's across the county are offering lots of activities for families with small people on the build up towards the Christmas break. There is also information on which centres may be open for additional support for families in need that can be found on the [What's On](#).

St Ives Town Football Club

A special thank you goes out to St Ives Town Football Club who have donated tickets to go and watch the football. The tickets are worth over £100 in total and have been added to the Christmas hampers.

Kids Yoga Camp

Sophie (Little Lotus Yoga) and Verity (Windmill Yoga) are pleased to announce that bookings are now open for the Christmas Yoga Camp(!) which will include the very popular aerial yoga PLUS the hoop, as well as plenty of Christmas themed yoga adventures and activities, including mindful activities, a sound bath and crafts.

It will take place on Monday 6th January, at Abbots Ripton Village Hall, 9:00-3:00pm (*please note the change of venue!*)

Abbots Ripton Village Hall
The Green
Huntingdon
PE28 2PF

It is £40 per child, with a £5 sibling discount per subsequent child - details are on the booking sites.

MONDAY 6TH JANUARY
ABBOTS RIPTON VILLAGE HALL

AGE 4-12 YEARS

KIDS YOGA CAMP

JOIN US FOR YOGA, AERIAL FUN, A SOOTHING SOUND BATH, AND FESTIVE CRAFTS

REGISTRATION IS NOW OPEN
9AM-3PM £40

BOOK HERE

PLEASE BOOK VIA SOPHIE AT
LITTLELOTUS-YOGA@OUTLOOK.COM
OR MESSAGE 07715283007

ALTERNATIVELY CONTACT VERITY AT
VERITY@WINDMILLYOGA.CO.UK OR 07703 737123

BOOK HERE

Or [click here for the booking website](#)

Children can arrive in festive-wear if they wish, but please be sure they are wearing clothing that is suitable for the yoga etc, and please send you child(ren) with a

packed lunch that includes snacks (please avoid nuts in case of allergies) and a refillable drink bottle.

Important dates for your diaries

- Saturday 7th December- St Ives Community Choir Concert
- Tuesday 10th December – Nursery Nativity (2:30pm)
- Wednesday 11th December – Reception Nativity (2:15pm)
- Thursday 12th December – Reception Nativity (9:15am)
- Thursday 12th December – Nursery Nativity (10:30am)
- Monday 16th December – Carol Concert (5pm)
- Wednesday 18th December – Christmas Dinner
- Thursday 19th December – Party Lunch
Christmas Party afternoon
- Monday 23rd December to Friday 3rd January – Christmas Holiday break
- Monday 6th January 2025 – Inset training day (school closed).
- Tuesday 7th January – Start of Spring term 1
- Tuesday 7th January – Emergency General Meeting to appoint a New Chair to our ESA
- Thursday 9th January – Early Years Reading Café (9am in the hall)
- Tuesday 21st January – Year 1 Maths Café (2:30pm in the hall)
- Tuesday 28th January – Year 1 Maths Café (2:30pm in the hall)
- Wednesday 5th February – Raccoon Class Assembly + book look and classroom visit (9 – 9:45am)

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- Thursday 6th February - Otter Class Assembly + book look and classroom visit (9 – 9:45am)
 - Friday 7th February – NSPCC Number Day
 - Friday 7th February – SAVE THE DATE: [ESA Blind Wine Tasting event](#) (7pm)
 - Week commencing 10th February – Safer Internet Week
 - Tuesday 11th February – Safer Internet Day
 - Wednesday 12th February - Rabbit Class Assembly + book look and classroom visit (9 – 9:45am)
 - Thursday 13th February – Squirrel Class Assembly + book look and classroom visit (9 – 9:45am)
 - Friday 14th February – Last day of Spring 1 term
 - Monday 17th to Friday 21st February – Half term (School closed)
 - Monday 24th February – Start of Spring 2 term

Yours sincerely



Mrs Summerfield